

# November 2026

Sample Activity Calendar

| Sunday    | Monday                       | Tuesday                                        | Wednesday                                     | Thursday                                   | Friday                        | Saturday  |
|-----------|------------------------------|------------------------------------------------|-----------------------------------------------|--------------------------------------------|-------------------------------|-----------|
| <b>1</b>  | <b>2</b><br>Seated exercise  | <b>3</b><br><b>Election Day</b><br>Trivia hour | <b>4</b><br>Fall word search                  | <b>5</b><br>Apple tasting                  | <b>6</b><br>Movie and popcorn | <b>7</b>  |
| <b>8</b>  | <b>9</b><br>Seated exercise  | <b>10</b><br>Cards for veterans                | <b>11</b><br><b>Veterans Day</b><br>Vets' tea | <b>12</b><br>Remember When talk            | <b>13</b><br>Bingo            | <b>14</b> |
| <b>15</b> | <b>16</b><br>Seated exercise | <b>17</b><br>Recipe swap                       | <b>18</b><br>Thankful tree                    | <b>19</b><br>Sing-along                    | <b>20</b><br>Bingo            | <b>21</b> |
| <b>22</b> | <b>23</b><br>Seated exercise | <b>24</b><br>Thanksgiving trivia               | <b>25</b><br>Napkin folding                   | <b>26</b><br><b>Thanksgiving</b><br>Parade | <b>27</b><br>Quiet puzzles    | <b>28</b> |
| <b>29</b> | <b>30</b><br>Seated exercise |                                                |                                               |                                            |                               |           |